



# Workstation Evaluation and Design Seminar



Hotel Jen Manila 3001 Roxas Blvd, Pasay City

May 30-31, 2019

## Why attend this seminar?

An ergonomically designed workstation minimizes the risk of musculoskeletal disorders (MSDs) such as low back pain, shoulder pain, and neck pain which are prevalent among office workers. At the end of the seminar, participants are expected to identify ergonomic risks in the workplace and identify practical interventions to prevent MSDs

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